

OCTOBER 2025

SANDS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast Pizza, Fruit, Fruit Juice, Milk ** 6

Southwest Chicken Sandwich, Salad Mix, Fresh Veggie Cup, Diced Pears, Milk Variety

Dutch Waffle, Sausage, Fruit, Fruit Juice, Milk** 7

Nacho Grande, Salsa, Refried Beans, Sliced Cucumbers, Grapes, Ice Cream, Milk Variety

Sausage Kolache, Cheese Stick, Fruit, Fruit Juice, Milk** 1

Steak Fingers, Peppered Gravy, Roll, Savory Green Beans, Seasoned Corn, Diced Peaches, Milk Variety

Power Breakfast (Biscuit, Gravy, Scrambled Eggs, Bacon) Fruit, Fruit Juice, Milk** 8

Asian Bowl, Egg Roll, Fresh Broccoli, Seasoned Corn, Chilled Pineapples, Milk Variety

Muffin, Yogurt Fruit, Fruit Juice, Milk** 2

Boneless Wings, Chips, Celery, Carrot Sticks, Mixed Fruit, Milk Variety

Cinnamon Roll, Sausage Fruit, Fruit Juice, Milk** 9

Corndog, Tater Tots, Tiny Tomato Cup, Orange Smiles, Milk Variety

Breakfast burrito, or Cereal, Fruit, Fruit Juice, Milk** 3

Pizza Baked Pasta, Breadstick, Tomato Cup, Steamed Broccoli, Diced Pears, Milk Variety

SCHOOL HOLIDAY 10

SCHOOL HOLIDAY 13

SCHOOL HOLIDAY

Breakfast Pizza, Fruit, Fruit Juice, Milk** 14

Chicken Fajitas, Pinto Beans, Baby Carrots, Salsa, Rosy Apple Sauce, Milk Variety

Breakfast Combo, Fruit, Fruit Juice, Milk** 15

Popcorn Chicken, Breadstick, Seasoned Corn, Garden Salad, Mixed Fruit, Cookie, Milk Variety

Pancakes, Bacon, Fruit, Fruit Juice, Milk** 16

Country Fried Steak, Peppered Gravy, Mashed Potatoes, Savory Green Beans, Roll, Strawberries, Milk Variety

Breakfast Sandwich, Fruit, Fruit Juice, Milk** 17

Hot Dog, Oven Fries, Tiny Tomato Cup, Apple Slices, Milk Variety

Sausage Kolache, Yogurt, Fruit, Fruit Juice, Milk** 20

Hamburger/Cheeseburger, Chips, Baby Carrots, Lettuce & Sliced Tomato Salad, Diced Pears, Milk Variety

Breakfast Pizza, Fruit, Fruit Juice, Milk** 21

Meat & Cheese Chalupas, Refried Beans, Sliced Cucumbers, Salsa, Diced Peaches, Milk Variety

Breakfast Sandwich, Fruit, Fruit Juice, Milk** 22

Chicken Nuggets, Mac & Cheese, Sliced Carrots, Steamed Squash, Grapes, Milk Variety

Pancake Wrap, Yogurt Fruit, Fruit Juice, Milk** 23

BBQ on Bun, Tater Tots, Savory Green Beans, Apple*Pineapple Delight, Milk Variety

French Toast, Sausage, Fruit, Fruit Juice, Milk** 24

Grilled Cheese Sandwich, Tomato Soup, Fresh Veggie Cup, Street Corn, Strawberries, Milk Variety

Stuffed Bagel, Cheese Stick, Fruit, Fruit Juice, Milk** 27

Drumstick, Biscuit, Fresh Veggie Cup, Sweet Potato Fries, Apple Slices, Milk Variety

Waffles, Sausage, Fruit, Fruit Juice, Milk** 28

Frito Pie, Pinto Beans, Garden Salad, Chilled Pineapple, Cookie, Milk Variety

Breakfast Burrito, Hashbrowns, Fruit, Fruit Juice, Milk** 29

Boneless Wings, Chips, Celery, Baby Carrots, Mixed Fruit, Milk Variety

Donut, Sausage, Fruit, Fruit Juice, Milk** 30

Steak Fingers, Peppered Gravy, Roll, Savory Green Beans, Seasoned Corn, Strawberries, Milk Variety

Breakfast Sandwich, Fruit, Fruit Juice, Milk** 10

Calzone, Fresh Broccoli, Marinara Sauce, Orange Smiles, Milk Variety

No School/No Football game ** 10/10/25

School Holiday ** 10/13/25